



# May 2017 Free Events



| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY   |
|---|---|---|--|--|
| 1<br>"How Does the Knee Bone Connected to the .... Work Together"<br><b>1:30 refreshments</b><br>Core Basics  | 2<br>"Senior Scam Information"<br><b>1:30 refreshments</b><br>Caring People                             | 3<br>Come Win Prizes<br>Play Bingo<br><b>1:30 refreshments</b><br>CareOne Teaneck       | 4<br>Film Festival<br>"Groundhog Day"<br><b>1:00 on time please</b><br>Presented by Jim  | 5<br>Entertainment by<br>The Childrens Choir<br><b>1:30 refreshments</b><br>Oasis Senior Advisors  |
| 8<br>Finding Inner Peace<br>"Living Together in Challenging Times"<br><b>1:30</b><br>Interfaith Panel   | 9<br>Smartphone Emergency Preparedness<br><b>1:30 refreshments</b><br>Jewish Home Family                | 10<br>"Senior Services" For You<br><b>1:30</b><br>Bergen Cty. Senior Services           | 11<br>Finances for Women Part Two<br><b>1:30 refreshments</b><br>Esther Fishman-Morgan Stanley   | 12<br>Discover Carnevale In Venice<br><b>1:30</b><br>Christine   |
| 15<br>Adaptive Equipment<br>Aging In Place<br><b>1:30 refreshments</b><br>Professional Physical Therapy   | 16<br>Back by Popular Demand<br>Our Fashion Show<br><b>1:30 refreshments</b><br>Fashions By Francesca's | 17<br>Honoring Our Senior Source Women<br><b>1:30 refreshments</b><br>Carrera Brokerage | 18<br>Film Festival<br>"The Graduate"<br><b>1:00</b><br>Presented by Jim   | 19<br>9a-1p NJ TROOPERS FREE INSPECTION OF CHILDS' CAR SEATS<br>Normal and Successful Aging<br><b>1:30 refreshments</b><br>Englewood Hosp. & Med. Ctr. |
| 22<br>Bingo with Great Prizes<br><b>1:30 refreshments</b><br>Regent & Prospect Care Centers   | 23<br>Antibiotics Friend or Foe<br><b>1:30</b><br>Holy Name Medical Ctr.                                | 24<br>Line Dancing Show<br><b>1:30</b><br>Lorraine O'Brien                              | 25<br>11:30 Knitting with Edle<br>Yoga for Seniors<br><b>1:30 refreshments</b><br>Always Best Care                                       | 26<br>Current Events with Bill/Bob   |
| 29<br>Memorial Day<br>Closed May 29<br>-----<br>Silver Sneakers Class Every Monday except May 29<br><b>11:45 - 12:30 Patrick</b>                              | 30<br>Game Day<br><b>1:30</b><br>Senior Source  | 31<br>Safety At Home<br>Physical Therapist<br><b>1:30 refreshments</b><br>Senior Quest  | <br><b>Proud Sponsor of</b><br><b>Senior Source</b> | By Appt. Only<br>Free Haircuts on Thursday<br>-----<br>Mah Jongg<br>Tues., Thurs., Sat. @ 11 a m   |
| The Shops at Riverside, 310 Riverside Square Mall, Hackensack, NJ 07601 Phone 201 342 0962 Email: bruder@seniorsourcellc.com Website: www.seniorsourcellc.com |   |   |  |  |