




June 2017 Free Events



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Every MONDAY (not June 26)</p> <p>Silver Sneakers Exercise Class</p> <p>11:45-12:30</p> <p>Patrick</p> <p>5</p>	<p>By Appt. Only</p> <p>Free Haircuts on Thursday</p> <hr/> <p>Mah Jongg</p> <p>Tues., Thurs., Sat. @ 11 a m</p> <p>6</p>	 <p>Proud Sponsor of</p> <p>Senior Source</p> <p>7</p>	<p>1</p> <p>Film Festival</p> <p>"Citizen Kane"</p> <p>1:00</p> <p>Presented by Jim</p> <p>8</p>	<p>2</p> <p>"Summer Highlights"</p> <p>1:30 refreshments</p> <p>Jewish Home Family</p> <p>9</p>
<p>Reducing Hospital Readmissions</p> <p>1:30 refreshments</p> <p>HomeWell Senior Care</p> <p>12</p>	<p>Senior Living Options</p> <p>1:30 refreshments</p> <p>Oasis Senior Advisors</p> <p>13</p>	<p>Common Mistakes Families Make as a Loved One Ages</p> <p>1:30 refreshments</p> <p>Caring People</p> <p>14</p>	<p>Finances for Women</p> <p>Part Three</p> <p>1:30 refreshments</p> <p>Esther Fishman-Morgan Stanley</p> <p>15</p>	<p>Come Bring Your Friends</p> <p>Play Cards, Mah Jongg</p> <p>1:30</p> <p>Read, Watch TV, Socialize</p> <p>16</p>
<p>Memory Through Movement</p> <p>1:30</p> <p>Laurie</p> <p>19</p>	<p>How to Maximize Your Benefits</p> <p>1:30 refreshments</p> <p>Carrera Brokerage</p> <p>20</p>	<p>Walking Analysis</p> <p>1:30 refreshments</p> <p>CoreBasics Physical Therapy and Wellness</p> <p>21</p>	<p>Film Festival</p> <p>"Sunrise"</p> <p>1:00</p> <p>Presented by Jim</p> <p>22</p>	<p>9a-1p NJ TROOPERS FREE INSPECTION OF CHILDS' CAR SEATS</p> <hr/> <p>"Play... Say Anything"</p> <p>1:30 refreshments</p> <p>Always Best Care Senior Services</p> <p>23</p>
<p>Keeping Your Mind Sharp</p> <p>1:30</p> <p>Hackensack University Med. Ctr.</p> <p>26</p>	<p>Plan Ahead and Relax</p> <p>1:30 refreshments</p> <p>Senior Quest</p> <p>27</p>	<p>Summer Cooking for Under \$10</p> <p>1:30 refreshments</p> <p>CareOne Cupola</p> <p>28</p>	<p>"My Joints & Me"</p> <p>Orthopedic & Physical Therapist</p> <p>1:30 refreshments</p> <p>Professional Physical Therapy</p> <p>29</p>	<p>Discovering Scotland</p> <p>1:30</p> <p>Christine</p> <p>30</p>
<p>Senior Source</p> <p>CLOSED TODAY (Monday)</p> <hr/> <p>Scheduled For</p> <hr/> <p>Nurses' Training Day</p>	<p>"How Current Admin. Can Affect Your Asssets & Healthcare"</p> <p>1:30 refreshments</p> <p>Julien Financial</p>	<p>Fall Prevention EXERCISES</p> <p>1:30 refreshments</p> <p>Regent & Prospect Care Centers</p>	<p>Film Festival</p> <p>"Tokyo Story"</p> <p>1:00</p> <p>Presented by Jim</p>	<p>Current Events</p> <p>1:30</p> <p>Bill/Bob</p>
<p>The Shops at Riverside, 310 Riverside Square Mall, Hackensack, NJ 07601 Phone 201 342 0962 Email: bruder@seniorsourcellc.com Website: www.seniorsourcellc.com</p>				