




Senior Source May 2018



Mah Jongg: Tues. Thurs. Sat @ 11 am

Free Events

Free Haircuts on Thursday
Call 201 342 0962 for appt.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
 Proud Sponsor of Senior Source	Home Care By the Minute not the Hour 1:30 with refreshments Caring People	Activities to Keep You Young 1:30 with refreshments Woodcrest Healthcare Ctr	Dr. Hadi Skin Cancer Awareness 1:30 with refreshments Sovereign Health System	Expenses Affecting Your Estate, etc 12:30 Lunch & Learn RSVP Carrera Brokerage
7	8	9	10	11
The Very Entertaining Stephen Fuller 1:30 with refreshments Brookdale Paramus	POT LUCK LUNCH Bring Your Favorite Food At Noon: Please RSVP Senior Source	"Can An Old Dog Learn New Tricks?" 1:30 with refreshments Tender & Timely Daily Money Mgmt.	Save Money On Your Electric, Gas etc. 1:30 with refreshments Momentum Group	Smartphone, iPad etc. Workshop - Ezra 1:30 with refreshments Jewish Home Family
14	15	16	17	18
Protect Yourself from Fraud & Errors 1:30 with refreshments Sr. Medicare Patrol of NJ	Laugh & Dance Into the Spring 1:30 with refreshments Sheryl	Healthy Eating 1:30 with refreshments Maywood Ctr. For Health & Rehab	Film Festival "The Philadelphia Story" 1940 1:00 with Lorraine	Q&A With a Qualified Nurse 1:30 with refreshments Homewell Senior Care
21	22	23	24	25
Sun Safety 1:30 Hackensack Meridian	Sinatra and Snacks 1:30 with refreshments CareOne-Harmony Village	Take Control of Clutter in Your Home 1:30 with refreshments Russo Realty	Meet Visiting Physicians Services 1:30 with refreshments Caring People	How To Keep Your Bones Healthy and Strong 1:30 with refreshments Carepak Pharmacy
28	29	30	31	
Memorial Day Closed Have a Happy Senior Source	Happy Hour with Entertainment 1:30 with refreshments Brightview Tenafly Senior Living	Tom Dudley A Little Bit of This and A Little Bit of That 1:30 Musician	Knitting With Edie @ noon Bring Family Pictures for Crafts 1:30 with refreshments Freedom Home Healthcare	Every Monday For Silver Sneakers Members Free Exercise Class 11:45-12:30 Patrick