



Senior Source February 2019



Free Events

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 Proud Sponsor of Senior Source	Every Monday For Silver Sneakers Members Free Exercise Class 11:45-12:30 Patrick	Play Mah Jongg Tues., Thurs. Sat. @ 10:30 am Experienced Players Needed	Free Haircuts on Thursdays Call 201 342 0962 for appt. Renu	Bingo Fun Win Prizes 1:30 with refreshments Homewell Sr. Care
		4	5	6
Let Everyone Know Your 5 Wishes 1:30 with refreshments Hospice of N.J.	Fun Trivia 1:30 with refreshments Van Dyk Healthcare	10 am Orientation- Project Healthy Bones Technology 101 1:30 with refreshments Humana	Salute to Veterans Assistance Programs 1:30 with refreshments Synergy	Volunteer Opportunities 1:30 with refreshments JFCS
11	12	13	14	15
Valentine Party with Food and Fun 1:30 Amada Sr. Living and Edward Jones	Jazz Amigos Salsa and Latin Jazz 1:30 with refreshments Samaritan Services Inc.	Opioid Crisis 1:30 with refreshments Partnership for Drug Free N.J.	PUPPY LOVE With Therapy Dogs of Tenaffly 1:30 with refreshments Aveanna Healthcare	Winter Grace with Rev. Phyllis Palsma 1:30 with refreshments Christian HealthCare
18	19	20	21	22
Chair Yoga with Arlene 1:30 with refreshments Englewood Hosp. & Med. Ctr.	Discount Cards and Passports 1:30 Meet County Clerk John Hogan	12:30 Lunch Brightview 1:30 Stress is Not A Bad Word Englewood Hosp. & Med. Ctr.	Bingo Fun Prizes 1:30 with refreshments Care One Ridgewood	The Young Life of George Washington 1:30 with refreshments Arbor Terrace
25	26	27	28	
Learn About Harmony's Meals on Wheels 1:30 with Lite Lunch Harmony Village	Bingo Fun Prizes 1:30 with refreshments The Bristol	Current Events 1:30 with Bill	12:00 Knitting w/ Edle Life on Radio WOR 710's News Director Joe Bartlett w/Lisa Lopez 1:30 with refreshments Russo Real Estate	Every Monday For Silver Sneakers Members Free Exercise Class 11:45-12:30 Patrick